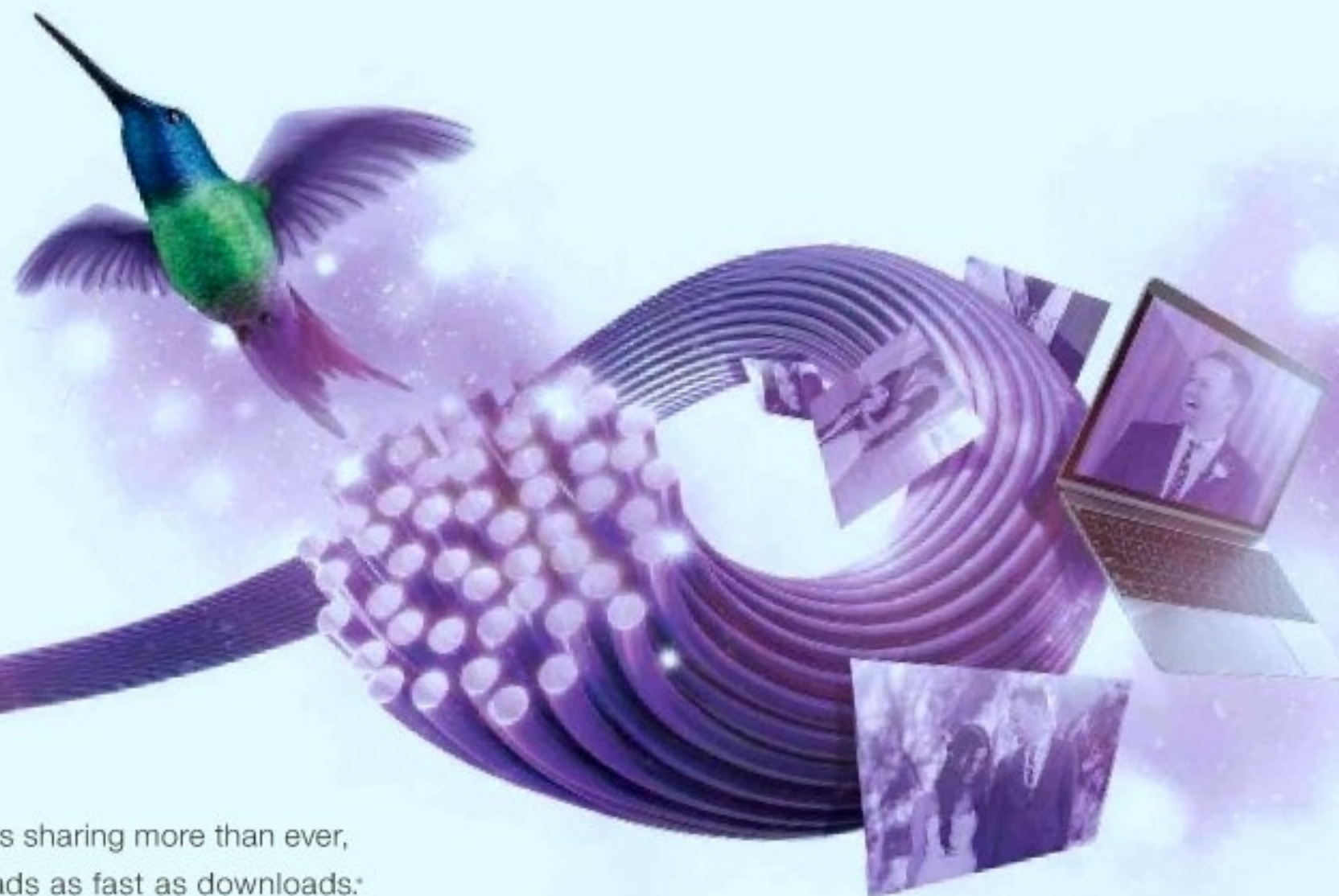




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CURBING THE CRISIS

Province headed in the right
direction with move to stem
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metroNEWS

Amy Graves, founder of the Get
Prescription Drugs Off the Street
Society. KEVIN TUONG/FOR METRO



Union decries 'Uberization' of public transit

TRANSPORTATION

City sees savings in subsidizing private rides



**Jeremy
Simes**
Metro | Edmonton

The president of the union representing Edmonton Transit drivers is fighting against what he calls the "Uberization" of bus service.

The city is looking to reorganize the bus network to increase service in the core, prompting discussions about how to continue to serve more far-flung routes. City officials want to discuss a potential partnership with ride-share companies, which could see Edmonton subsidize Uber or taxis in low-ridership areas, particularly in the suburbs.

"We've seen this in other cities, this interest from these companies, to provide a solution to areas where demand is low,"

said Sarah Feldman, the city's general supervisor of transportation, earlier this month.

But Mark Tetterington, president of the Amalgamated Transit Union Local 569, said service should remain public.

"We feel we can provide a friendly, safer and more reliable service," he said, noting some drivers are worried about losing their jobs. "If a police station doesn't have many calls, do you close it down? No. Transit is essential."



Mark Tetterington
KEVIN TUONG/FOR METRO

But subsidizing Uber or taxi rides could save Edmonton money, other cities have shown, as it's a cheaper option than building park-and-ride stations or running nearly empty buses.

In Montreal, for example, the city rebates taxis in areas where it's not feasible to operate buses.

In response to Tetterington's concerns, Edmonton Transit spokesperson Jennifer Badry said the city will continue to work with the union, councillors and the citizen-led transit

advisory board on exploring new technologies and practices.

"What that looks like in the future, in terms of new technologies like ride-share, we don't know," she said. "What we do know is that we stand with each of our operators who provide over 87 million rides per year and we are listening to our customers along with the evolving needs of Edmontonians in a growing, changing city."

The city will release a report on the transit strategy in July.



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Pay dispute threatens to sink Breakout West

MUSIC

Union plans to pull out of September festival



Kevin Maimann
Metro | Edmonton

Edmonton musicians are caught in the middle of a pay dispute as a union threatens to run the Breakout West Music Festival into the ground.

The Canadian Federation of Musicians has announced it will prohibit members from playing the September showcase festival because its organizer, the Western Canadian Music Alliance (WCMA), won't pay performers.

"We're planning to picket, we're planning to go after their sponsors so it doesn't happen again, and we're going to run this into the ground. This is not appropriate, to expect musicians to travel from all corners of Canada to come to their event and play for nothing," said the union's vice president, Alan Willaert.



Edmonton singer-songwriter Nuela Charles CONTRIBUTED

Breakout West is held in a different city each year and is slated to run Sept. 13-17 in Edmonton.

Willaert said his union recently struck three-year agreements with the East Coast Music Awards, Canadian Country Music Awards and Juno Awards to pay performers, but the WCMA wouldn't budge in negotiations. "That is just as much B.S. as I can possibly take. It's just exploitation with a capital E," he said.

Willaert said the WCMA, which gets federal and private funding, should be able to pay each artist \$100.

WCMA Executive Director Robyn Stewart said her organization was uncomfortable with some of the union's demands, including one stipulating that every performer become a temporary union member.

She said not paying artists is nothing new for Breakout West, which she characterized as a "development festival" that offers exposure, conferences and one-on-one time with industry members.

"It's not because we actively are saying artists don't deserve to be paid – we would never say that. We do believe that the artists are getting a lot out of

this," Stewart said.

She said only 20 per cent of scheduled performers belong to the union – though Willaert said that number is much higher – and if they pull out, they will be replaced.

The festival includes the Western Canadian Music Awards ceremony, and Edmonton soul singer Nuela Charles is among this year's award nominees.

She played Breakout West in 2011 in Whitehorse and said she was surprised to see the CFM take aim at the festival, noting other showcases operate the same way.

She said she understands the union's concerns but events like Breakout West have been a big help in developing her career.

"It builds those relationships that are really valuable," Charles said. "But on the other hand, I do get it. As musicians we all need to be paid, and we've got to start standing up for ourselves a little bit more."

Charles is not currently a CFM member and "cannot confirm or deny" whether she's scheduled to perform at this year's festival. The lineup has not been announced.

EVENT

Folk fest reveals summer lineup

Portland indie-rockers The Decembrists and Texas soul singer Leon Bridges will be two of the big highlights of this year's Edmonton Folk Music Festival.

The lineup for the festival, running Aug. 10-13, was announced Wednesday morning and also includes touring acts Brandi Carlile, City and Colour and Sunday night headliner St. Paul and the Broken Bones, as well as local acts including Altameda, Colleen Brown and 100 Mile House.

Festival producer Terry Wickham has promised a focus on "patron comfort" this year, with 30 per cent more toilets and a bigger beer garden to cut down on lines.

The beer garden will cut into the Stage One space and extend its outer fence all the way to the street instead of stopping at the sidewalk – which will increase its capacity from 2,300 to 3,500.

Wickham said that should take lineups "way down" from



Leon Bridges GETTY IMAGES

last year, when some people said they waited more than an hour to get a drink.

"We're really going to try not to annoy people this year," he said. "If you stand in one spot for 15 minutes, that's a long time. That's long enough."

Also new this year is the festival's first artist-in-residence – Edmonton's Mohsin Zanam will play at schools and mentor young artists for free, on the folk fest's dime.

Tickets go on sale Sunday at 7 a.m., through an in-person lottery system at Re/Max Field that is expected to draw more than 2,000 people.

Ticketmaster will start selling online and over the phone at 3 p.m. the same day.

KEVIN MAIMANN/METRO

“We're really going to try not to annoy people this year.”

Terry Wickham

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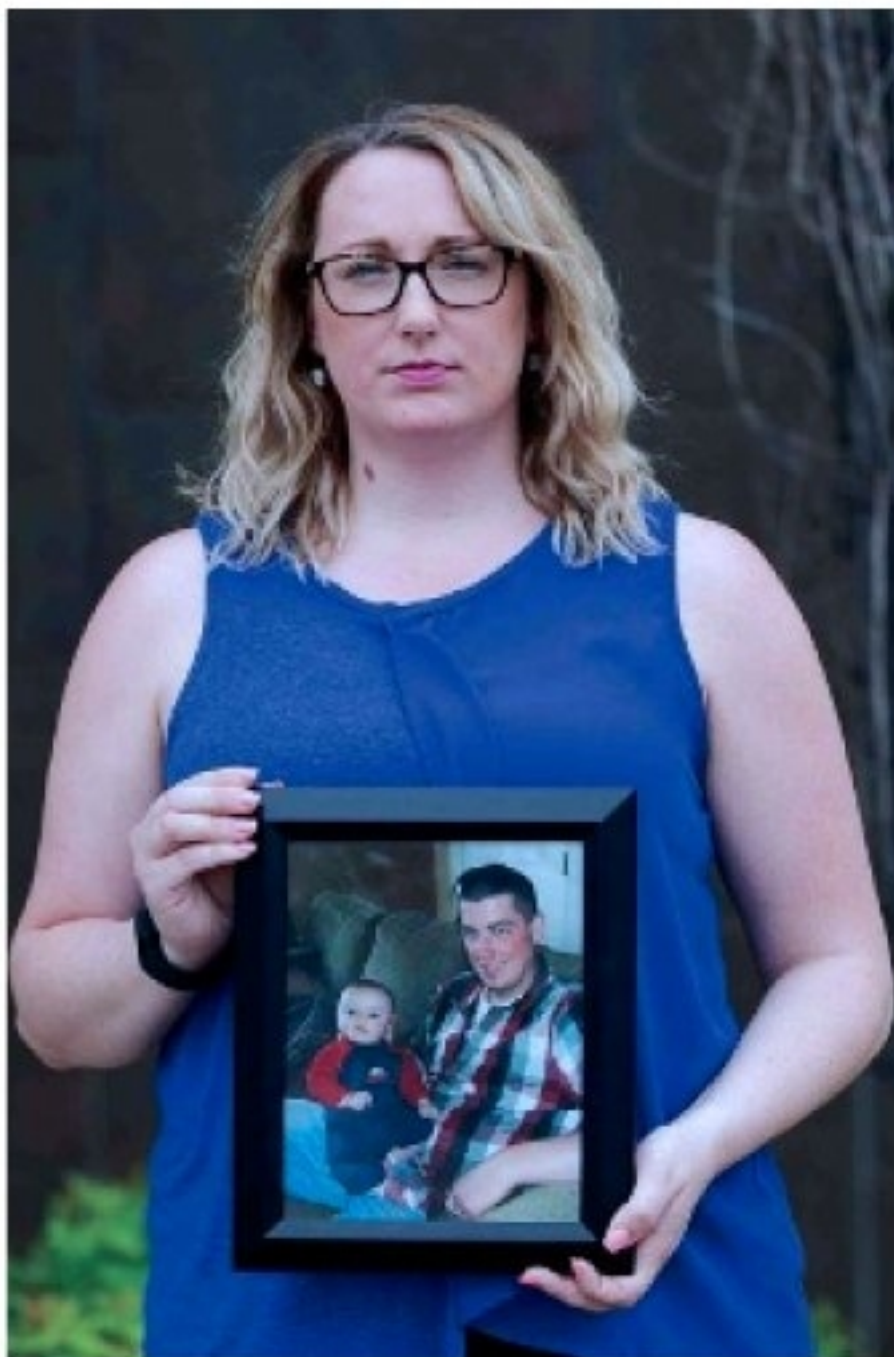
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Amy Graves founded the Get Prescription Drugs Off the Street Society after losing her younger brother, Josh, to a prescription opioid overdose. KEVIN TUONG/FOR METRO

Advocate welcomes plan for opioid crisis

HEALTH

Province forms commission to focus on harm reduction



Omar Mosleh
Metro | Edmonton

The province has created a new opioid emergency response commission to spearhead an "ambitious and aggressive" response to the overdose crisis, which killed 363 Albertans last year.

Associate Minister of Health Brandy Payne announced a new Opioid Emergency Response Regulation, under the Public Health Act, that will bolster Alberta's ability to expand harm-reduction initiatives.

She also announced a new 14-member commission to make monthly recommendations.

Amy Graves founded the Get Prescription Drugs Off the Street

Society after losing her younger brother, Josh, to a prescription opioid overdose. She believes establishing the commission is a good step, but she hopes to see real action.

"The people who sit on the commission, I'm very confident in their skills and knowledge ... I'm just wondering how much leverage they have to actually make government act on what they recommend."

While the province doesn't yet have details about what services will be developed, Payne said they plan to take their direction from the new commission, which includes doctors, law enforcement and Indigenous representatives, though the final decision rests with the ministry.

"One piece would be around how we're expanding access to Suboxone and methadone treatment. So, for example, prescription coverage, expanding access to clinics ... as well as operational funding for supervised consumption services," Payne said.

The commission will be co-

chaired by Elaine Hyshka, an assistant professor at the University of Alberta's School of Public Health, and Dr. Karen Grimsrud, a chief medical officer with AHS.

"To tackle this epidemic, our response must be guided by evidence and include measures that have never been taken before in this province," Hyshka said.

The 2017 budget committed a total of \$56 million to address the opioid crisis. Payne cited a new

as expanding Telehealth accessibility. They also want to make it easier for individuals to pay for prescriptions to halt opioid use.

"One of the things we've heard from people is that the cost of the prescription can be a barrier ... one of the things the commission is evaluating is what are some of the best ways we can eliminate that barrier," Payne said.

The new regulation also gives the minister more authority to



We need to save lives of people who are using now, but we also need to prevent new people from being exposed. Amy Graves

opioid-dependency program in Grande Prairie as an example of the services the government is aiming to expand.

"The commission will look at where those programs are needed most ... ultimately, we hope to open more clinics in under-served areas," Payne said.

The province will look at opening more physical clinics, as well

direct how regulatory colleges set rules for physicians and clinics.

Graves is most encouraged by the province committing to work with regulatory colleges to tighten prescribing rules.

"We need to save the lives of people who are using now, but we also need to prevent new people from being exposed unnecessarily to opioids," she said.



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For your convenience, the public workshops for Age Friendly Edmonton and the Seniors Centres Strategy will be held at the same time and locations. You are welcome and encouraged to attend both; however, each project and opportunity to provide input will be distinct and separate.

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Coliseum's future remains uncertain

DEVELOPMENT

Historical significance at forefront as debate goes on



Jeremy Simes
Metro | Edmonton

It was 1984 and the Edmonton Oilers had just hoisted their first Stanley Cup into the air. Down the road, just a few blocks from the old stadium, restaurant Coliseum Steak & Pizza was bumping.

"We were so busy that there weren't enough chairs for people to use, so we took out pails and flipped them over so people could sit down on them," said restaurant co-owner Dimitra Scordas, recalling the electric night.

"Even Wayne (Gretzky) came here in the early days." Scordas' memories of the

glory days, and of the old stadium, are some of the many treasured by Edmontonians of the former home of the Oilers.

But does the Coliseum itself have enough historic importance to be worth saving? That's the question city council will have to address as they discuss the next steps for the structure.

Plans hit a stumbling block Tuesday, when city councillors learned that renovating the structure for Hockey Canada's proposed centre of excellence could cost tens of millions more than bulldozing and replacing it. Council decided to put that proposal on hold and tasked city staff with looking at more options.

Following that decision, Mayor Don Iveson said the Coliseum might not be worth saving.

But for Scordas, keeping it for the sake of nostalgia just might be the right thing to do.

"It would be nice," she said. "I would say there is definitely some historical significance in

keeping it. It's the place where they won their first cup."

Coliseum Pizza co-owner Peter Varvis agreed.

"If it was up to me I wouldn't have let the team leave (the old stadium)," he said. "I still like the place."

But others say it's time to bulldoze the old arena.

Colin Anderson, who watched the Oilers win the Stanley Cup against the Philadelphia Flyers in 1985, said it's time for Edmonton to embrace change.

"When it comes down to it, I think it's about progress. We need to move on," he said, noting the land could be better used for other purposes.

"Let it go, build a new legacy and be great in a new building."

City council will likely resume the debate over the future of the Coliseum sometime by the end of this year. But they still have to discuss Northlands' business and lease plans in late June before going further.



Dimitra Scordas, left and Peter Varvis are both part owners of Coliseum Steak, Ribs & Pizza.

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4. THERE IS A LONGER LIST TO CHOOSE FROM

For certain types of housing, there may be more listings to look at. This greater choice may up your chances of finding a property that has all the features you want in a location that suits you.

5. YOU FEEL READY

The ultimate trigger for taking the leap into homeownership should be your personal situation. Do you really want to put down roots, make space for a growing family or fulfill a life goal? If you've already set a down payment aside, are prepared to make a long-term financial

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U.S. could abandon climate pact

POLITICS

Leaving deal would fulfil a key campaign promise

President Donald Trump is expected to withdraw the United States from the landmark Paris

climate-change accord, a White House official said Wednesday, though Trump and aides were looking for "caveats in the language" related to the exit and had not made a final decision.

"I'm hearing from a lot of people both ways," Trump told reporters as he welcomed Vietnamese Prime Minister Nguyen Xuan Phuc to the White House. He said he'd be announcing his

decision "very soon."

Leaving the deal would fulfil a central campaign pledge but would anger international allies who spent years in difficult negotiations that produced an accord to reduce carbon emissions.

Trump faced considerable pressure to hold to the deal during visits with European leaders and Pope Francis on his recent trip abroad. THE ASSOCIATED PRESS



President Donald Trump is expected to withdraw U.S. from the Paris climate-change accord. THE ASSOCIATED PRESS

Canada still committed to Paris Accord

Canada is aligning itself with the world's other two largest economies to take a global leadership role in the effort to limit greenhouse gas emissions.

Environment Minister Catherine McKenna said that Canada remains committed to the Paris Accord, refusing to speculate about U.S. President Donald Trump's musings about withdrawing. THE CANADIAN PRESS

Pollution costs Canadian economy 'billions': Report

Pollution costs Canadians tens of billions of dollars every year, according to a new report.

Published by the International Institute for Sustainable Development (IISD), the report says that poor air quality alone cost the economy \$36 billion in 2015. A lack of data for some pollutants barred them from giving an overall estimate. TORSTAR NEWS SERVICE

SOCIAL MEDIA

The mystery of covfefe

It appeared at 12:06 a.m., without warning, like a shooting star through the dark night.

Covfefe. Noun. (Was it a noun? It seems like it was trying to be a noun.) A word used, Wednesday, by the president of the United States.

It has come to this. To the confusion, delight and genuine alarm of the night owls of the world's most powerful country, Donald Trump wrote the following six words to his 31 million Twitter followers early on Wednesday: "Despite the constant negative press covfefe"

That was it. Covfefe. There was no period. There was no rest of the sentence. Covfefe.

We know he meant "coverage." But he did not make a correction, at least not immediately. Unlike Trump's many other Twitter goofs, which he tends to amend within minutes, this one was left online for almost six hours, which was entertaining while also concerning.

Trump finally deleted the tweet six hours after it went up. At 6:09 a.m., he tweeted a rare bit of self-deprecation: "Who can figure out the true meaning of 'covfefe'??? Enjoy!"

Until then, people on the Internet did the deprecating for him, making tens of thousands of jokes. It was impos-

sible, obviously, to compete with the original.

"What makes me saddest," wrote late-night host Jimmy Kimmel, "is that I know I'll never write anything funnier than #covfefe."

But the Internet people tried. Oh, they tried. They offered mocking definitions. ("When you want to say 'coverage' but your hands are too small to hit all the letters on your keyboard," read one entry on Urban Dictionary.) They made comedic purchases. ("My dad just bought the CA license plate 'COVFEFE.'")

"Not only is covfefe a word," actor Zach Braff wrote under a photo of Trump press secretary Sean Spicer, "it's the greatest word ever uttered."

Covfefe remained Twitter's top trending topic until it was deleted. The president's tweet had more than 100,000 retweets. For a few brief hours, Donald Trump brought the world together.

The real Spicer was asked about the tweet in his afternoon press briefing. He was not at all amused.

"The president and a small group of people know exactly what he meant," Spicer said.

He declined to elaborate.

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ONTARIO

Ex-nurse to plead guilty

The Canadian Press has learned that a former Ontario nurse accused of killing eight seniors in her care is expected to plead guilty to first-degree murder charges in their deaths at a court appearance on Thursday.

Elizabeth Wettlaufer currently faces a total of 14 charges, including eight counts of first-degree murder, four counts of attempted murder and two counts of aggravated assault.

Police have alleged those crimes involved the use of certain drugs and took place over the last decade in three Ontario long-term care facilities where Wettlaufer worked as a registered nurse, and at a private home.

A source close to the case tells The Canadian Press that Wettlaufer is scheduled to plead guilty to eight counts of first-degree murder in a Woodstock, Ont., court on Thursday.

The source says an agreed statement of facts and a video of Wettlaufer confessing is expected to be filed in court.

Wettlaufer's defence lawyer did not respond to requests for comment on the expected development. THE CANADIAN PRESS

U.S. IMMIGRATION POLICIES

Manitoba premier criticizes feds after asylum seeker's death

Manitoba Premier Brian Pallister says the federal government has failed to reduce the risk in illicit border crossings because it has not tried to persuade the U.S. president to soften his immigration and deportation policies.

A woman who authorities believe was originally from Ghana was found dead from apparent hypothermia near the U.S.-Manitoba border on Friday. Mavis Otuteye, 57, was found roughly one kilometre south of the border near Noyes in a remote part of northwestern Minnesota.

Pallister said President Don-

ald Trump's crackdown is driving people to sneak across the border and risk their lives.

"We need to address the root cause of this ... the desperation people clearly are feeling — combined with the hope they feel — as they pursue a better life and come from the United States to Canada and to Manitoba," Pallister said Wednesday.

A spokesman for Public Safety Minister Ralph Goodale said Goodale was not able to respond directly to Pallister's comments, but added that the government has been clear in its messaging.

"Irregularly crossing the border is not a free ticket to Can-

ada. Anyone who is found to not be a genuine refugee will be removed," press secretary Scott Bardsley said.

Refugee advocates and immigration lawyers say many refugee claimants have no choice but to cross through fields and ditches because, under the Canada-U.S. Safe Third Country Agreement, they are automatically turned back at official border crossings if they have already made a claim in the U.S.

People who make it onto Canadian soil before being caught are entitled to Canada's normal refugee process.

THE CANADIAN PRESS

MMIW

Son of murdered woman speaks up

The distraught son of Wendy Carlick, an advocate for missing and murdered Indigenous women who was found dead weeks ago, interrupted the national inquiry on Wednesday to share his grief.

Alex Carlick walked into the tent in Whitehorse where an-

other family was testifying and began to speak into a microphone. Wearing dark sunglasses, he said he was crying because both his mom and sister were taken from him.

"I feel everybody's pain around here. It's pretty hard that you have to go through

these situations," he added. Carlick left the tent in tears.

All are welcome at the community hearings, said Bernice Bolton, the inquiry's spokeswoman.

These occurrences are to be expected, which is why health supports are in place, she added.

THE CANADIAN PRESS

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8	7	6	9	4	1	2	5	3
6	8	4	1	9	5	3	2	7
5	9	7	2	8	3	1	6	4
2	1	3	7	6	4	5	8	9
3	2	5	4	7	9	6	1	8
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VICKY MOCHAMA ON RESTORATIVE JUSTICE



A more humane system treats prisoners with compassion; it grants them a humanity that their lives might not have allowed for.

In prisons, we are facing a mental health problem and a growing population of women and girls.

To combat this troubling trend, we need to shift our thinking across the entire criminal system.

The fastest growing population in prisons worldwide is of women and girls. Sadly, this is also true in Canada. Overwhelmingly, female prisoners are some of society's most vulnerable.

Per the Elizabeth Fry Society, "They are primarily poor or homeless, undereducated and have addictions or mental-health problems such as schizophrenia, depression and anxiety disorders."

Since 2001, there has been a 100 per cent rise in Indigenous women in prisons. And according to Correction Services Canada (CSC), the number of people entering prisons with a mental illness doubled between 1997 and 2010.

Increasingly, the justice system is criminalizing those that society has failed to protect. We are punishing individuals for our society's failures.

By making changes that are less punitive and more hu-



More humane and less punitive policies, like this quilt-making class at an Ontario correctional facility, can help inmates escape the cycle of criminality, writes Vicky Mochama. TORSTAR NEWS SERVICE

mane — for example, counseling and drug therapies rather than solitary confinement and prolonged sentences — the justice system can help prisoners escape the cycle of poverty and criminality.

Disrupting the prison pipeline is not solely a concern of the federal government. The federal prison agency houses 40 per cent of the 40,000 incarcerated people in this country. The rest are in provincial and territorial jails, including people awaiting trial or serving community sentences.

A more humane prison system treats prisoners with compassion; it grants them a hu-

manity that their lives might not have allowed for.

This inability to deal with pressing issues on mental health and vulnerability is increasingly evident. In the last decade, the number of prisoners who self-harm has tripled, according to data from CSC reported in the Globe and Mail. Self-injury is a marker of mental distress.

More strikingly, deaths in prison tell of the failure to deal with problems that are becoming more urgent. For prisoners like Cleve Geddes, Moses Amik Beaver and Soleiman Faqiri, to name a few who died in custody, mental health was

a factor.

That many decades of punitive prison conditions have not worked is becoming evident to the Senate Standing Committee on Human Rights, too.

The committee is undertaking a national fact-finding mission to understand the experiences federal inmates.

Since February the committee has heard from 41 witnesses, including lawyers, advocates and individuals.

One senator, Senator Kim Pate, has been vocal in her criticism.

Speaking to the Montreal Gazette, she said, "We know that the people who end up in prison aren't from another planet, they're from our communities by and large. And unless they die in prison, they'll be coming back to our communities ... If the goal is truly to rehabilitate these people, we're failing them."

Our system must focus on providing justice, not on making more criminals.

Vicky Mochama is Metro's national columnist. She appears every Monday, Wednesday and Thursday.

No 'us' and 'them' in the war on terror



Azeezah Kanji
Metro Views

The images of the aftermath of the Manchester attack are devastating: families stricken with grief, a country's sense of safety and security shattered.

We can mourn the lives lost in Manchester last week because our media shows us their faces and tells us their stories — an attention hardly ever accorded to those living under the daily barrage of the U.S.-led war on terror.

We see the girls killed at a concert, but not the wedding parties pulverized by missiles in Yemen. Our hearts break for the families bereaved in terror attacks in Western countries, but generally don't register the pain of Iraqi mothers whose babies have life-threatening birth defects caused by toxic American weaponry.

The same week as the atrocity in Manchester, airstrikes by the U.S.-led coalition killed more than 100 civilians, including 42 children, in Syria, according to London-based human rights organization Reprieve. How many in Canada were even aware of these other atrocities, let alone familiar with the names and faces and stories of the victims?

We profile the casualties of Muslim terror in Europe and North America in heart-rending detail — ages, ambitions, loved ones — but don't bother keep track of the total number of Muslim civilians dead in the name of fighting terror.

The best estimate, from Physicians for Social Responsibility, puts the death toll in Iraq, Afghanistan, and Pakistan at 1.3 to 2 million in the first 10 years of the assault (this excludes Yemen, Somalia, Libya and Syria).

Western victims of terror are grieved as individuals; Muslim victims of the war on terror aren't even recorded as an accurate statistic.

These are the privileges of the West: of feeling invulnerable to the types of destruction our militaries rain down on others, of not needing to know or care about the consequences of the violence our countries derive profit from. (The U.S., Canada, France and the U.K. are the biggest exporters of arms to the Middle East.)

We are left always asking why "they" hate us while being ignorant about the grievances produced by our government and its allies.

Canadian media coverage and commentaries artificially disconnect acts of non-state terrorism from this broader context of the brutalities of state counterterrorism.

This sustains the myth that "their" violence is exceptionally aggressive, senseless, fanatic, and indiscriminate, while "ours" is all defensive, rational, liberatory, and precise.

But on both sides of the pretend line between "they" who are barbaric and "we" who are civilized, it is innocents who bear the heaviest burden.

Azeezah Kanji is a legal analyst based in Toronto.



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Why his ex was off limits

David Sedaris has not shied away from chronicling his life, but the beloved memoirist cringed when he re-read entries about his first breakup

Sue Carter
For Metro Canada



When a young David Sedaris first began writing his diaries back in the late 1970s, he would head to the International House of Pancakes (IHOP) in his hometown of Raleigh, N.C.

It didn't matter that the coffee was disgusting, or gave off a burning odour that "you could smell from the parking lot," he says, or that even when you poured plenty of cream in, the liquid never changed colour, because the staff would let him sit and write and read for as long as he wanted. On some days it was just Sedaris, wearing a beret — "a beret!" he emphasizes — occupying a booth while documenting his life on the back of paper placemats.

Although Sedaris is now a cultishly beloved memoirist well known for his live performances and diary readings, this is the first time he is sharing his early IHOP journaling in print. *Theft By Finding: Diaries 1977-2002* is the first of two volumes of

selected entries from his 153 personal notebooks. Lightly edited for clarity, the writing showcases not only the emerging sly, self-effacing wit and observational skills now well known to fans of his books like *Naked* and *Me Talk Pretty One Day*, but it also documents the life of a struggling artist, and the harsh day-to-day realities of being depressed, hungry and broke.

After Sedaris left Raleigh in 1984 for the School of the Art Institute of Chicago, he immediately found another IHOP from which to hold court. Chicago was also where he discovered the first live audiences for his diaries.

Sedaris was asked to take part in a variety show with a strict seven-minute performance limit, and not having anything appropriate time-wise, decided to read funny passages from his personal notes.

"That changed the writing in

my diary because when something happened, or I would see something that was funny, I would take extra care with it because I'd think this might work on stage," he says.

Sedaris has never kept diaries to chronicle his own emotions, and he rarely delves into his feelings, except for a short period of time in his early 30s following a breakup. He decided not to include those entries in *Theft By Finding* — his ex didn't want to be written about, and Sedaris also cringed re-reading his own words.

"Oh my god, the whining, and the talking about my feelings," he says. "I didn't have my first relationship until I was 27, and most people have their first relationship when they're 14, and they break up and act like they're 14. I was 30, 32 when I broke up with this person, and I acted like a 14-year-old."

The most challenging part of going through the notebooks, he

says, was transcribing his own writing. What did that sentence say? "Cl... chu... Oh, it looked like he was wearing a clown nose," he says, laughing after stuttering several times for comic effect over the word "clown."

It's been about 25 years since Sedaris has written anything at an IHOP, though he's still a diligent diarist. He has no interest in Starbucks laptop culture, and only seeks out a local coffee shop while on tour if his hotel room is too depressing to work in. His spiral notebook of choice is the Japanese-made, German-named Rollbahn, a "traumatizing" switch — Sedaris hates any change — made a year ago. When his laptop was stolen in 2011, the biggest panic was over the loss of his tour diaries. Sedaris's boyfriend Hugh tried to reassure him that he still lived all those months, regardless of whether they were written down, but six years later Sedaris still sounds worried.

"But how do I know? I don't have any record of it. How can I be sure I lived if all the details aren't documented?"



CONTRIBUTED



JOHANNA SCHNELLER WHAT I'M WATCHING

Rock legend's father the star of documentary

THE SHOW: Bruce Springsteen: In His Own Words

THE MOMENT: The psych evaluation

Over images of cars cruising night streets, we hear Bruce Springsteen address a concert audience. "I had this habit," he says. "I used to get in my car and drive through my old neighbourhood in the little town I grew up in."

He says he did it late at night, three or four times a week, for years. Finally he went to a psychiatrist. "I said, 'Doc, what am I doing?'" Springsteen continues. "He said, 'I want you to tell me what you think you're doing.'" The audience chuckles.

Eventually the doctor tells Springsteen, "Something bad happened, and you're going back thinking you can make it right again." Springsteen agrees:

"That's what I am doing, going back to see if I can fix it." The doctor says, "Well, you can't." Then Springsteen launches into the song "My Father's House."

The unseen star of this documentary, based on Springsteen's recent autobiography of the same name, is his father, who dominated young Bruce, and was later diagnosed with bipolar disorder. Springsteen admits that in many of his songs, he

constructed a persona based on "a vision of my pop as a transcendent figure, my greatest foe and greatest hero." He even dreams about his dad watching him on stage.

OK, it's not the most complex psychological puzzle ever unravelled. But Springsteen's music is transcendent precisely because it plumbs the frustrations and yearnings of the common man. His best songs are three-minute

shrink visits for fans unlikely to visit a real psychiatrist, and he's their hero/healer.

Bruce Springsteen: In His Own Words airs periodically on HBO and anytime on mobile devices via TMN GO.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Bruce Springsteen in 1972, part of HBO's Bruce Springsteen: In His Own Words.

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Mythical beast spotted in Lake Okanagan

Sean Plummer

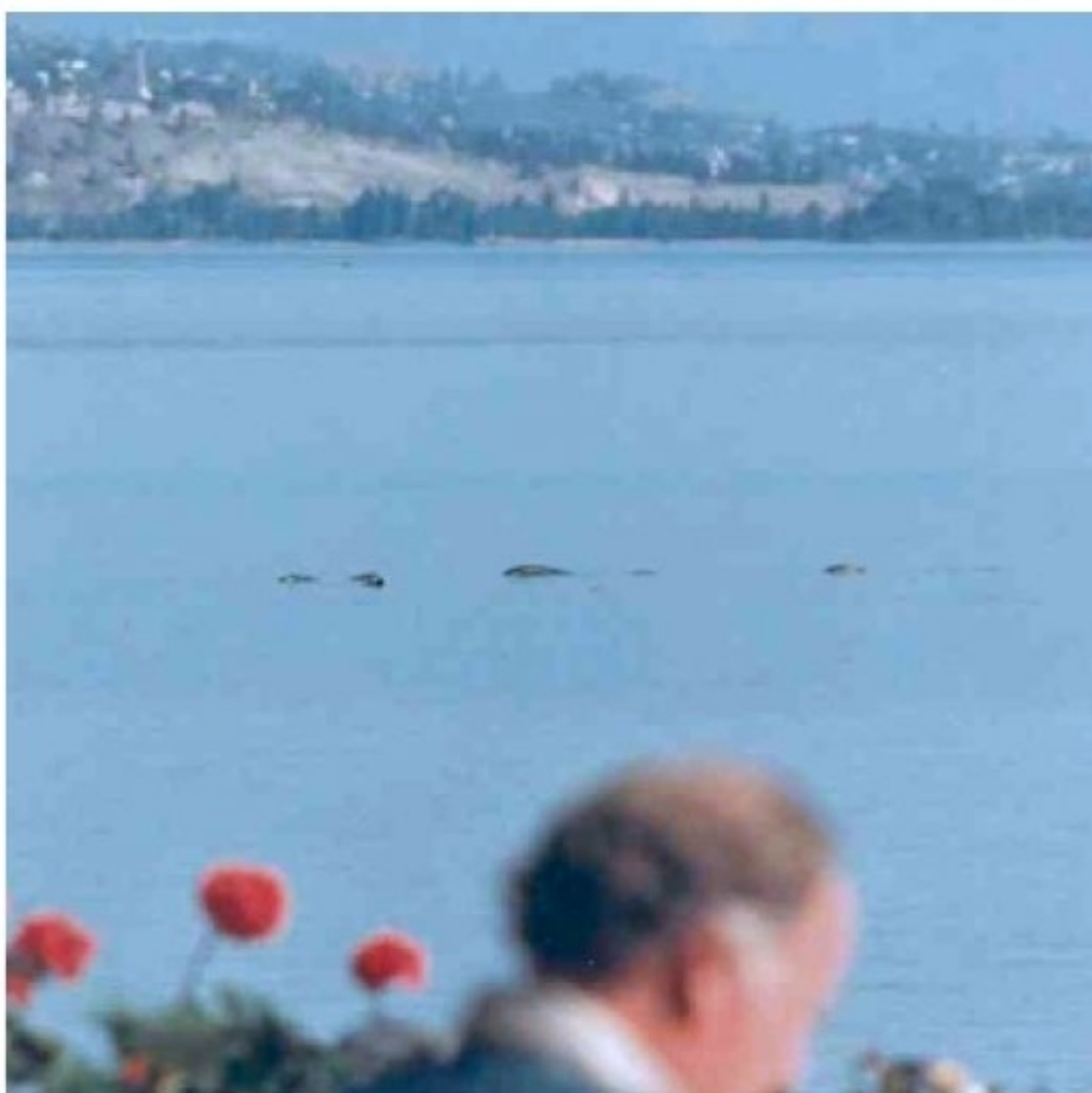
Canada has its own Loch Ness Monster, and, like Nessie, it's been the subject of much speculation and scrutiny.

Said to swim the waters of B.C.'s Lake Okanagan, the Ogopogo has been described as a dark serpent, somewhere between 40 and 50 feet long, with humps on its back.

According to local lore, a water spirit called the Nait-aka required an animal sacrifice in exchange for safe passage across the lake.

Records of the Canadian cryptid date back to 1872, with the first major sighting reported by local newspapers in 1926, when 30 cars pulled over to marvel at it.

The elusive creature was caught on film in 1968, but an investigation in 2005 revealed it to be somewhat less terrifying — most likely a waterfowl or that most Canadian of creatures: a beaver. But for anyone determined to spot the mythical beast, there's an Ogopogo statue in Kelowna, and local gift shops stock plenty of merchandise.



This 1985 photo from an undisclosed location overlooking Okanagan Lake in British Columbia purports to show the elusive Ogopogo in the wild. WAFIL BIEROWSKY

Canadians invented the motorized wheelchair

George Klein was one of Canada's most prolific inventors, working in many fields, including nuclear energy, aviation, and construction safety.

When penicillin improved the odds of survival for soldiers with spinal-cord injuries, Klein and his collaborators invented a motorized wheelchair to help quadriplegic patients.

Mass production soon followed, allowing soldiers and civilians alike to benefit from this important breakthrough.

SEAN PLUMMER



ISTOCK

That's a big goose

When it looked like the Trans Canada Highway would bypass the Ontario town of Wawa, local businessman Al Turcott decided his community needed another way to attract tourists. His solution: a giant goose.

The Wawa Goose, which Stompin' Tom Connors im-

mortalized in his song Little Wawa, stands 28 feet tall and is made of steel. (The original was made of plaster but didn't last.)

"Wawa," by the way, means "wild goose" in Ojibway.

SEAN PLUMMER



The Wawa Goose stands 28 feet tall. TORSTAR FILE PHOTO

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MEET THE CONDO

New executive community in city's southwest

BRIGHTON



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Project overview

It's called Edmonton's newest executive community, but Brighton is also an example of affordable condo living, with bright, open concept layouts in the convenient and popular Windermere area. Spacious townhomes and duplexes appeal to young families, downsizers and anyone after peaceful living, outdoor space and nearby city amenities.

Location and transit

Brighton is in the Langdale area of Windermere, minutes from major arterial roads like Ellerslie Road, as well as the Anthony Henday Drive, which connects every part of the city with ease. Whitemud Drive and 23rd Avenue are also handy, linking bus riders or drivers to downtown work or post-secondary sites in under a half hour.

Housing amenities

All open layout, modern concept homes boast quartz kitchens and bathrooms, engineered hardwood floors and carpeting, full tile backsplash, top brand appliances, European cabinetry and nine-foot main floor ceilings. There's also a spacious backyard deck and double front-attached garage, with some units backing onto the pond.

In the neighbourhood

Stroll walkways or picnic by the lake near Brighton. All-levels of schools are in the maturing southwest of the city, plus shopping and services at West Edmonton Mall, Currents of Windermere and South Edmonton Common. Recreation is abundant with Terwillegar and Southwest Community rec centres nearby. LUCY HAINES/FOR METRO

+ NEED TO KNOW

What: Brighton
Builder/developer: Brighton
Location: Windermere, in Southwest Edmonton
Building: Townhouses and duplex units
Models: All units are three bedroom, 2.5 bath

Sizing: From 1,316 to 1,552 square feet
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metro SPORTS

Arsenal manager Arsene Wenger has signed a new two-year deal that will extend his stay at the north London club to nearly 23 years

IN BRIEF

Racial slurs spray painted on LeBron's L.A. home

Police are investigating after someone spray painted a racial slur on the front gate of LeBron James' home in Los Angeles on the eve of the NBA Finals.

An unidentified person spray painted the N-word on the front gate of James' home in the Brentwood neighbourhood Wednesday morning a spokeswoman said. THE ASSOCIATED PRESS

TFC moves on to Canadian championship final

Tsubasa Endoh scored a goal and helped create another in a two-minute spurt late in the first half and Toronto FC went on to defeat the Ottawa Fury 4-0 Wednesday, advancing 5-2 on aggregate to the Canadian championship final. THE CANADIAN PRESS

CFL fantasies come true

Canadian football fans can now become the general manager of their own team.

The CFL and TSN have partnered to launch TSN CFL Fantasy, a free game that will give fans the chance to build and run their own team this season. Participants will compete to win a trip for two to the 2017 Grey Cup in Ottawa. Weekly prizes will be offered throughout the season in addition to the Grey Cup trip for two. THE CANADIAN PRESS

Milos moves on in Paris

Canada's Milos Raonic is through to the third round of the French Open after a 4-6, 6-2, 6-3, 6-4 win over Brazil's Rogerio Dutra Silva on Wednesday. THE CANADIAN PRESS

Springing to life in May

MLB

2B Travis's uptick at dish coincides with turnaround

Toronto's Devon Travis was determined to control the pace of his at-bat in a seventh-inning showdown with Wandy Peralta on Wednesday afternoon.

The Cincinnati reliever kept throwing to first base and Travis called timeout a few times to keep his routine intact while eventually working the count full. After a few foul balls, Travis drilled a tiebreaking two-run homer that helped Toronto to a 5-4 victory.

"It's something I've learned from watching a lot of these guys hit," Travis said. "Hon-

estly I think that might have been my first time really ever taking to that. So that was pretty good."

It's all part of the maturation process for the young second baseman.

Travis has enjoyed a scorching May after a sluggish April and his play is a big reason why the Blue Jays have won eight of their last nine games.

"He's driving the baseball," said Toron-

WEDNESDAY In T.O.

5 BLUE JAYS **4** REDS



Devon Travis
THE CANADIAN PRESS

to manager John Gibbons. "He's hitting a lot of doubles and he's hit a handful of home runs. He's a good hitter, (that's) the bottom line."

"He's going to be a good hitter his whole career. (April) was just one of those tough months, but that's all forgotten now."

Travis's fifth homer of the season gave him 20 extra-base hits for the month. Catcher Luke Maile also hit a two-run

homer for the Blue Jays, who swept the three-game series to improve to 5-1 on their 10-game homestand.

Toronto has gone deep at least once in nine of their last 10 games.

"We had a hard time keeping them in the ballpark this series," said Reds manager Bryan Price. "They hit a lot of home runs."

Starter Mike Bolsinger pitched into the sixth inning as Toronto (26-27) moved with-in a game of the .500 mark. Jason Grilli (2-4) worked an inning of relief for the win and Roberto Osuna survived a nervous ninth before nailing down his 11th save.

Toronto will open a four-game series Thursday against the American League East division-leading New York Yankees. THE CANADIAN PRESS

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metro

MAKE IT TONIGHT

Luscious Fruit Salad with Cardamom Cider Dressing



PHOTO: MAYA VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

Who said salad had to be greens only? Why not serve a bowl of this luscious, summery goodness beside your next grilled dinner?

Ready in 20 minutes

Prep time: 20 minutes
Serves 4

Ingredients

- 1 gala apple, sliced into cubes
- 2 cups sliced strawberries
- 1 cup blueberries
- 1 cup diced pineapple
- 1 cup raspberries

Dressing

- 1 Tbsp apple cider vinegar
- 1/4 cup apple cider
- 1/4 cup olive oil
- 1/4 cup honey
- 1/4 tsp lemon juice
- 1 Tbsp vanilla extract
- 1/2 tsp ground cardamom

Directions

1. Toss all your fruits in a large bowl.

2. Meanwhile, whisk the cider vinegar, cider, oil, honey and lemon juice. Add the vanilla and cardamom. Dress the salad with desired amount of dressing.

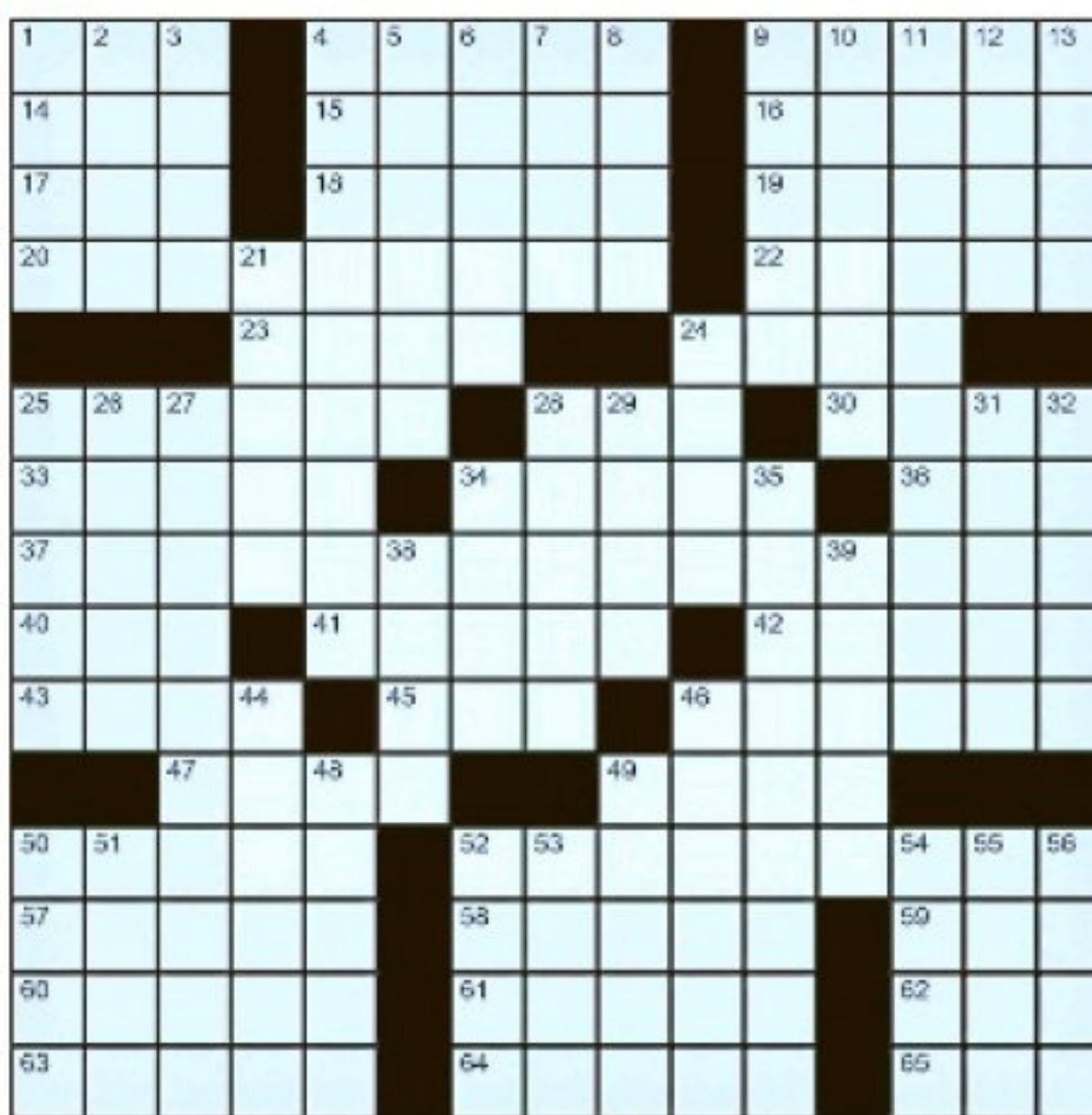
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. "The Ring _" (2005)
4. Apples sorts
9. Farm milk dispenser
14. Electrical resistance unit
15. Sheep-like
16. "You rang?" character on "The Addams Family"
17. You, to Yves
18. Japanese poem of five lines/thirty-one syllables
19. Victoria Park is located in the 'hub' of what Nova Scotia town?
20. Maintains a balanced diet: 2 wds.
22. Romulus' twin brother in Roman myth
23. Toroidal topper
24. Clean
25. Amounts in egg cartons
28. Camel hair cloth
30. Mail
33. Prescription warning, "___ Directed"
34. ___ Bay, British Columbia
36. Mr. Ferrigno
37. Lacey Burrows' portrayal on "Corner Gas": 2 wds.
40. Kiev's li'l land
41. De-wilds
42. Highlanders
43. Johnny Carson's predecessor Jack
45. Jamie Foxx title role
46. "I need water!" reason
47. Hock
49. Golf tap
50. Caterpillar, for



example
52. Moving along quickly
57. Homer's epic masterpiece
58. Supercharger
59. At present
60. Canadian Rockies, for example
61. Low ship deck

62. "___ Freedom" (1987)
63. Staked, in poker
64. Plague, in Paris
65. Harrison Ford role, with Solo

DOWN

1. Bag style
2. "___ Nelly!" Ms. Furta-

do's debut album
3. Bypass
4. Ontario: 2017 marks this Greater Golden Horseshoe commuter service's 50th anniversary: 2 wds.
5. Helps
6. Jargon
7. Sacred looped

cross
8. Show to one's table
9. Ne plus ___ (Perfection)
10. Coerced confession cause
11. Midland Provincial Park's location in the badlands of Alberta

12. Hosiery hue
13. 17th Greek letters
21. Shave the sheep
24. Hot
25. Excavated: 2 wds.
26. Port city of Japan
27. Sort of wildlife pattern: 2 wds.
28. Rat's urban passageway
29. Striped insects
31. Rocker Mr. Gallagher's
32. Fred of Limp Bizkit
34. ___ mater
35. Nik Wallenda walks this line
38. Pull in \$\$\$
39. Church members
44. Lay waste
46. Variety of flatfish
48. Moved around the shallow water
49. Knitting stitches
50. Italy's former currency
51. Glass Tiger singer Mr. Frew
52. Cease
53. Remedy
54. Length unit
55. Filmmaker Ms. Ephron
56. Nell ___ (17th-century English actress who was King Charles II's mistress)

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
During all your conversations with others today, you will be calm and realistic. You see the limitations that others have, and you're willing to accept them with grace.

Taurus April 21 - May 21
Solitude in beautiful surroundings will please you today, because you want to become more disciplined in an inner way.

Gemini May 22 - June 21
Someone older or more experienced might have advice for you today, or they might assist you in some way. It's possible that you will strike up a new friendship, even a romance, with someone of an age difference.

Cancer June 22 - July 23
Relationships with bosses and authority figures are excellent today. If others ask for your advice about how to make something look better, you can help them.

Leo July 24 - Aug. 23
This is a good day to make serious plans about future travel. Likewise, you can make future plans about further education, publishing, the media, medicine and the law.

Virgo Aug. 24 - Sept. 23
Some kind of legal ruling might profit you today, because you will benefit from the wealth and resources of others. If something comes your way, just say, "Thank you!"

Libra Sept. 24 - Oct. 23
A discussion with a partner or close friend will be productive and realistic today. This is because you do not have pie-in-the-sky expectations.

Scorpio Oct. 24 - Nov. 22
You will accomplish a lot at work today because others will help and support you. You find it easy to be polite and reasonable, which is why your relationships will be so positive.

Sagittarius Nov. 23 - Dec. 21
Romance with someone older might take place today. This is a good day to make plans for a vacation, because you won't overlook details.

Capricorn Dec. 22 - Jan. 20
A discussion with an older family member could be significant today. You also will enjoy budgeting for home redecorating projects.

Aquarius Jan. 21 - Feb. 19
You are calm and realistic today, which is why you get along with others so well. You can even act as a mediator if others disagree.

Pisces Feb. 20 - March 20
Your approach to anything financial will be conservative, solid and realistic today. This is a good day to think about a budget. It's also a good day to buy something useful and long-lasting.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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